



Varicose Veins

WHAT YOU SHOULD KNOW

Varicose veins are a very common problem, generally appearing as twisting, bulging cords on the legs. They occur when the valves in the superficial veins malfunction. Vein walls can lose elasticity, causing them to stretch. This can allow blood to collect in the vein and become varicose.

Varicose veins affect an estimated 40% of women and 25% of men. There are a **number of factors** which lead to varicose veins.

- Heredity
- Gender
- Pregnancy
- Prolonged Standing
- Obesity

In addition to the visual appearance of purplish, knotted veins, there are **other symptoms** that may be experienced.

- Pain — aching or cramping
- Burning/Itching
- Swelling/Throbbing
- Heaviness/Tiredness
- Restlessness
- Tender areas around the veins

Seeing Results.



BEFORE



AFTER

Technological advances in treatment methods allow in-office, **minimally-invasive treatments** with little or no discomfort. **Walk in/Walk out.**

For more information or to make an appointment, call **717.724.3837**.

Call Today.



ADVANCED VEIN & LASER CENTER
veinsbegone.com

191 Leader Heights Rd. | York, PA 17402

Frequently Asked Questions about Varicose Veins

What is the number one cause of varicose veins?

Heredity is the most contributing factor.

How do I know if I require treatment?

Veins that cause leg pain, swelling, recurrent superficial blood clots, bleeding, or ulceration are prime candidates for treatment. Veins that cause other symptoms, such as aching, heaviness, and fatigue, or that are cosmetically unappealing, may also benefit from treatment.

What treatment is best?

An in-office Ablation procedure using laser (light energy), RF (radio frequency), Phlebectomy and/or Sclerotherapy treatments are the most effective. To learn more about the treatment options, schedule a consultation.

What kind of results can I expect?

With the evaluation and treatment methods available today, spider and varicose veins can be treated at a level of effectiveness and safety previously unattainable. However, successful treatment of a particular vein problem does not necessarily prevent vein problems from recurring in the future.

Can varicose veins be prevented?

Underlying conditions make 'curing' varicose veins nearly impossible. However, certain measures may help relieve discomfort from existing varicose veins and prevent others from arising, such as regular exercise, controlled weight, avoiding sitting or standing for long periods of time, and avoiding clothing which restricts blood flow in the groin or calf.

Will my insurance cover treatments for varicose veins?

In most cases, varicose vein treatments are covered by insurance.

©2010 Advanced Vein & Laser Center. All rights reserved.



ADVANCED VEIN & LASER CENTER
veinsbegone.com

191 Leader Heights Rd. | York, PA 17402